

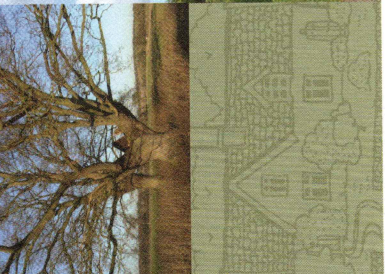
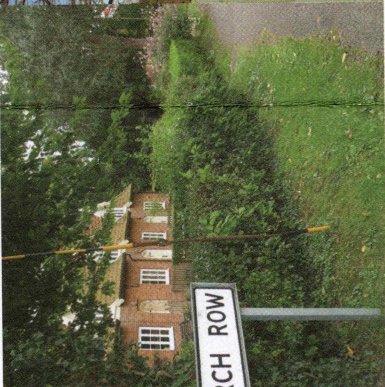
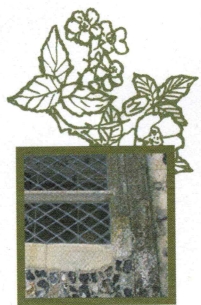


4

FOX FRITILLARY MEADOW, part of Boundary Farm, was bought by Suffolk Wildlife Trust in 1976. The fritillary flowers or Snake's Heads are at their best towards the end of April. They are an impressive sight and the meadow open-day gives an opportunity to visit this protected and rare flower.

FRAMSDEN has several old meadows & historic hedgerows where many species of orchid and wild flowers can be spotted. There are a high number of veteran trees in the Parish and many can be seen along the meadow footpath behind Framsdén Hall.

We have over 16 miles (27km) of footpaths to enjoy. During your walk, look out for wild flowers, barn owls hunting along the meadows and the protected crested newt, found in many of our ponds.

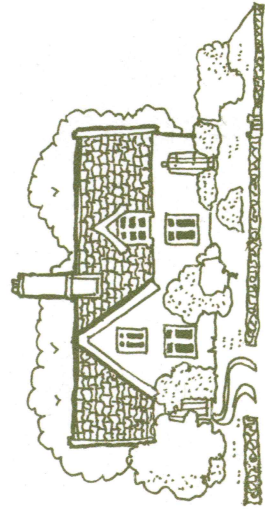


5

The ESTATE COTTAGES, in St John's Row and Church Row, are owned by the estate of Lord Tollemache. They were built in the 1850's under Lord John Tollemache, originally to house those working on the estate.

Each cottage had a pigsty and half an acre of land which the cottage dwellers were supposed to cultivate with vegetables and corn. These attractive cottages are a distinctive feature of the village.

The water pump in St John's Row is a reminder that water once entailed a lot of hard work, to carry this precious resource back to the home.



6

The FRAMSDEN WALL PAINTING is displayed in the Tudor room of Christchurch Mansion Ipswich. It was found during restoration work at Hill Farm.

This early 16th Century painting is taken from a French book of emblems depicting the faithful wife **UXOR FIDELIS**. The woman is seen holding a key, with her foot on a tortoise and a finger to her lips. This signifies that silence in a wife is to be desired, she should guard the wealth of her husband and she should not go 'gadding about the country' but remain centred in the home.

The painting may have had Ixor fidelis – a faithful husband, but where this may have been there is a modern window. The painting has vibrant colours, protected by layers of wall paper over the years, and is a lovely example of domestic artistry.