

Line Dancing Report 2026

Hi, I'm Lucy, and I run the Country Nights line dancing classes here in Framsdon.

We have two weekly classes at the village hall one on Tuesday at 5:30- 6.30 and one on Thursday at 9:30- 10.30am with a really friendly mix of people, from complete beginners to those who've danced before.

It's very relaxed and welcoming, and it's as much about the social side as the dancing.

Over the past year, each class has grown from around 5 people to about 15/20, which has been really lovely to see.

Line dancing is also great for fitness, coordination and keeping the mind active. most people enjoy it without even realising they're exercising.

After our Thursday class, we usually head over to the Greyhound pub for tea, coffee and cake, which has become a really nice way for people to get to know each other.

We also run Country Nights events locally, and we provide line dancing for birthday parties and special occasions.

If you'd like to find out more, you can visit our website at www.countrynights.co.uk.

We're always open to new people, especially beginners, so if anyone's thinking about giving it a go, you'd be very welcome.

No partner needed just turn up.